



4Life Tri Club

Triathlon in South Nottinghamshire



## Leicester Junior Triathlon May 2009

Once again 4life junior athletes of all ages and abilities have competed – this time at Lutterworth Leisure Centre, for the Leicester Junior Triathlon. This was the first time this event had been run without the capable hands of Dean and Sam – 4life having previously organised the junior event for many years.

Nick Hobbs, Sophie Coldwell and Sam Wass pulled off fantastic performances yet again, each returning to their homes with 1st place trophies. James Whitfield, Hannah Clay and Tom Dussek all finished second in their respective age categories and Ellie White, Olivia Mathias and Robert Towndrow came third.

However whilst many met their podium target, others had many things to be proud of to: Emma Cartwright was very pleased with her 12th place which resulted in beating 4life rival Stephanie Cobb who finished a place behind in 13th. I was very proud of my 4 lap bike leg – the time I had spent at a two-day British Cycling course had really paid off!

Many other athletes from 4life attended this event: well done also to Rosanna Barraclough, Erica Scream, Sophie Beckingham, Joanna Towndrow, Katie Tudbury, Will and Sam Barker, Will Ashpole and Alfie Shaw.

Coach Dean Hughes was also very pleased with the club's performance. "It's great to see so many new members racing this year and improving with every race" he commented.



Race Reporter: Rebekah Dussek