



Charnwood Aquathlon – October 2009!

Another successful day guaranteed the 4life juniors the East Midlands Club Championship Award; with impressive performances by many. As well as this our very own Dean Hughes won the adult event overall, posting a time of 24:38. He also had the fastest run split to Graham Moffat, also from the club. Annie Shaw was 3rd female and fastest 4Life female.

In the juniors there were celebrated victories for Vincent Machin, Hannah Clay, Sophie Coldwell, Grace Hobbs, and Sam Parker. Joe Cartwright, Rosanna Barraclough, Olivia Mathias and Sam Wass achieved 2nd places and James Whitfield and Sam Sadler (a very welcome return from injury) rounded off the podium, finishing 3rd.

There was some stiff competition in some of the age groups with many other 4life members (both adults and juniors) achieving good times.

Special congratulations should also go to Stephen Guerin and Tom Gribbin who competed for the first time today – they both did very well.

Thank you to Charlie Howick (injured) and Tom Dussek (unwell) for coming to support and all the parents of course!!

Well done to all the competitors – children and adults!



Race reporter – Rebekah Dussek